



17TH ANNUAL

HealthcareHORIZONS

HEALTHCARE CONFERENCE
2016

Presented by Altru Health System

October 17-18, 2016

Alerus Center

Grand Forks, ND

Registration at altru.org/hch





The goal of this conference is to strengthen the participant's ability to meet the challenges of everyday work by increasing knowledge of various clinical topics while providing professional development opportunities.

Keynote Presenters

Pam Beitlich, DNP, ARNP, RN, Studer Group
Benjamin Boone, Author and Public Speaker
Terry Foster, RN, Nurse Humorist
Ashley Rae Klinger, Mrs. North Dakota International

Intended Audience

We welcome registered nurses, licensed practical nurses, respiratory therapists, emergency medical technicians, physical therapists, occupational therapists, social workers, chaplains, students, and other healthcare professionals interested in the subject matter.

Continuing Education

Nurses: This activity has been submitted to Montana Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Criteria for successful completion include signing the verification of attendance form and attendance at one or more sessions. Hours of continuing education credit are calculated based on a 60-minute contact hour. Maximum contact hours awarded is 5.0 each day for a total of 10.0 contact hours. Partial credit will be awarded based on the number of minutes attended.

* Continuing education credits for Social Workers, Chaplains, EMS Division, Occupational Therapists, and Physical Therapists may be available. Please visit our website for more information.

Distinguished Presenters

Anthony Morando, Altru Sports Advantage Powered by EXOS
David Bergstrom, Altru Health System
David Biberdorf, O.D., Valley Vision Clinic
Dawn Denny, Ph.D., University of North Dakota
Debra Hanson, SMC
Grand Forks Police Department
Marsha Waind, Altru Health System
MaryAnn Sens, M.D., Ph.D., University of North Dakota
Penny Millspaugh, Altru Health System
Stacey Pfenning, North Dakota Board of Nursing
TEARS Team (suicide prevention), Altru Health System
Tim Shea, SIM-ND

Accommodations

Each registrant is responsible for his/her own accommodations. A block of rooms has been reserved at the CanadInn, which is conveniently attached to the conference location, from October 16-19, 2016. Reservations can be made by calling (701) 772-8404 or 1-888-332-2623. **Reservations must be made by September 15, 2016 to receive the discounted rate.**

For your comfort, you are encouraged to dress in layers as meeting room temperatures may fluctuate. Out of respect for conference presenters and participants, we ask that you limit disruptions during all sessions. This includes silencing phones, limiting talking, and minimizing exiting during sessions. Children/babies are not permitted in the meeting rooms. No videotaping, audio recording, or picture taking is allowed.



Conference SCHEDULE

For more information on presenters, session descriptions, and general conference information, please visit the registration website at altru.org/hch

Monday, October 17, 2016

7:45 - 8:15 a.m.

Registration (exhibits open)

8:15 - 8:30 a.m.

Welcome and Announcements

8:30 - 10 a.m.

Opening Keynote: Terry Foster, Nurse Humorist

Surviving & Thriving in the Crazy World of Nursing

10 - 10:15 a.m.

Break (exhibits open)

10:15 - 11:15 a.m.

Concurrent Sessions (choose one of four)

101 Terry Foster, RN, Nurse Humorist

Making Use of Your Nursing Intuition

102 Debra Hanson, SMC

Pediatric Trauma & Case Review

103 Marsha Waind, Altru Health System

Virtual Health

104 Penny Millspaugh, Altru Health System

Good Grief

11:15 - 12:15 p.m.

Lunch (exhibits open)

12:15 - 1:15 p.m.

Concurrent Sessions (choose one of four)

105 Terry Foster, RN, Nurse Humorist

ACLS: What Works, What Doesn't, and What's New

**106 Anthony Morando, Altru Sports Advantage
Powered by EXOS**

Nursing Ergonomics While on Shift

107 David Biberdorf, OD, Valley Vision Clinic

New Frontiers in Concussion and Vision Testing

108 TEARS Team, Altru Health System

Suicide Prevention & Awareness

1:15 - 1:30 p.m.

Break (exhibits open)

1:30 - 2:45 p.m.

Closing Keynote: Pam Beitlich, Studer Group

Stay Inspired in Healthcare - We Need You!

2:45 - 3 p.m.

Evaluation

Tuesday, October 18, 2016

7:45 - 8:15 a.m.

Registration (exhibits open)

8:15 - 8:30 a.m.

Welcome and Announcements

8:30 - 10 a.m.

Opening Keynote:

Benjamin Boone, Author and Public Speaker

A Sane Struggle

10 - 10:15 a.m.

Break (exhibits open)

10:15 - 11:15 a.m.

Concurrent Sessions (choose one of four)

201 Dr. Maryann Sens, University of North Dakota

Forensic Pathology Cases

202 Tim Shea, SIM-ND

Providing Care for the Autistic Patient

203 Stacey Pfenning, ND Board of Nursing

Social Media and HIPAA

204 Grand Forks Police Department

Opioid Use and Doctor Shopping

11:15 - 12:15 p.m.

Lunch (exhibits open)

12:15 - 1:15 p.m.

Concurrent Sessions (choose one of four)

205 Stacey Pfenning, ND Board of Nursing

Delegation and Scope of Practice

206 Grand Forks Police Department

Human Trafficking

207 David Bergstrom, Altru Health System

Diversity Helps Us All

208 Dr. Dawn Denny, University of North Dakota

Subsyndromal Delirium and Pain in Older Adults Following Joint Replacement Surgery

1:15 - 1:30 p.m.

Break (exhibits open)

1:30 - 2:45 p.m.

Closing Keynote: Ashley Rae Klinger, Mrs. North Dakota International

Living Life According to the Three Ps: Purpose, Passion, Platform

2:45 - 3 p.m.

Evaluation



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Conference REGISTRATION

altru.org/hch

Registration & Fees

The deadline for registration is **Friday, October 7, 2016**. Registrations cannot be shared and auditing is not permitted. Fees include instructional materials, exhibits, comfort breaks, and lunch. To request special facilities or assistance relating to a disability, contact Altru Health System Learning & Organizational Development at 701.780.5179 as soon as possible.

General Registration

Registration can be completed online at altru.org/hch. Payment must be made with a credit card. The online registration fee is \$80 for one day or \$150 for both days.

Parish Nurses, Retired Nurses, and Students

Registration can be completed online at altru.org/hch. The registration fee for parish nurses, retired nurses, and students is \$45 for one day or \$90 for both days.

Altru Employees

Registration can be completed online at altru.org/hch. The registration fee is waived for all Altru employees.

To register over the phone, please call Altru's Learning & Organizational Development department at 701.780.5179.

Cancellation

The registration fee will be refunded to those individuals who cancel before September 17, 2016. The registration fee, less \$25 for administrative costs, will be refunded to those individuals who cancel between September 17, 2016 and October 3, 2016. Refunds are not available after October 3, 2016. Altru Health System reserves the right to make program changes or to cancel the conference. In the event of a program cancellation, registrants will be notified and fees will be refunded in full.