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OCTOBER 17-20, 2018

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SHERATON NEW ORLEANS HOTEL | NEW ORLEANS, LA

Pediatric Grand Rounds

Chair & Moderator

Philip Fastenau, PhD

University Hospitals Cleveland Med Ctr & Case Western Reserve Univ.

Discussants

Allyson G. Harrison, Ph.D., C. Psych., Queen's University

Karen Postal, Ph.D., Harvard Medical School & Lifespan Private Practice

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Financial Disclosure

**All presenters reported that they have
no financial relationships to disclose.**

FETAL ALCOHOL SYNDROME IN THE CONTEXT OF MULTIPLE ETIOLOGICAL FACTORS

Presentation by Jack C. Lennon, MA
Illinois School of Professional Psychology at
Argosy University

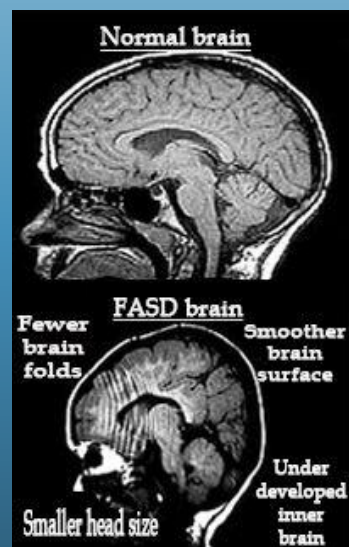
Contributing Authors:

Bradford Czochara, PsyD, LPC, CGP

John Tirado, PhD, ABPP

OBJECTIVES

- **Fetal Alcohol Spectrum Disorders**
 - Background
 - Diagnostic Protocols/Limitations
- **Case**
 - Referral
 - Demographics & History
 - Test Results
 - Diagnostic Impressions
 - Return to Protocols/Limitations



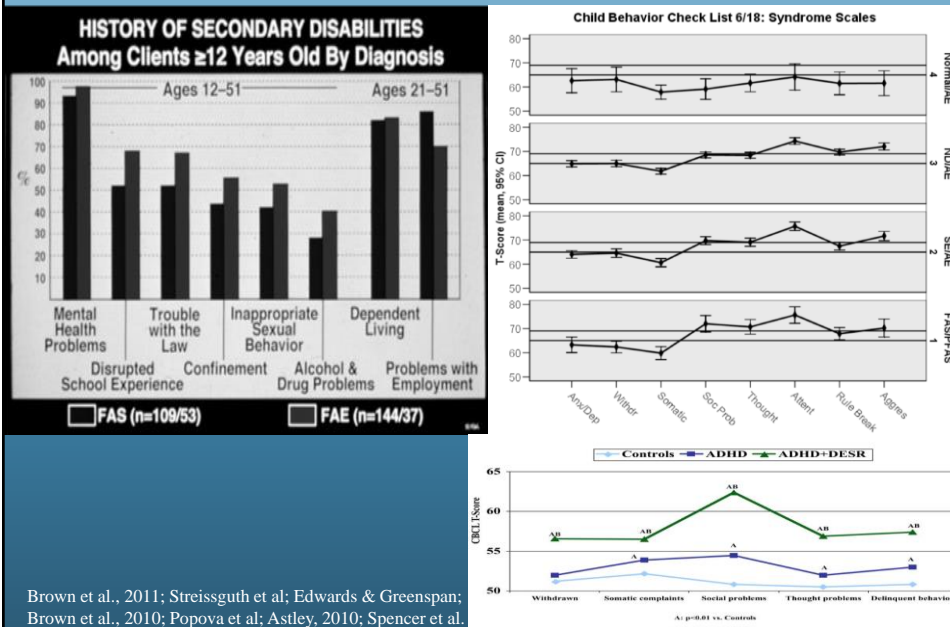
FASD BACKGROUND

- Difficult to diagnose accurately – estimates more common
 - 800-8,000 children born each year with FASD in US
 - FAS involved in 0.2-5.44 out of 1,000 live births in US
 - Global: up to 39.65/1,000 live births
 - 7.3% child-bearing-age women at risk for ETOH+ pregnancy
 - Prenatal ETOH exposure in 1% of live births

- Expected Neuropsychological Sequelae
 - Global delays
 - Pragmatic language
 - Emotional self-regulation
 - Attention
 - EF – problem-solving, planning, inhibition
 - Overlap with ADHD and other disorders

AAP; CDC; Burd; Glass et al.; Greenbaum et al.; Peardon & Elliott; Roozen et al.

FASD BACKGROUND (CONT.)

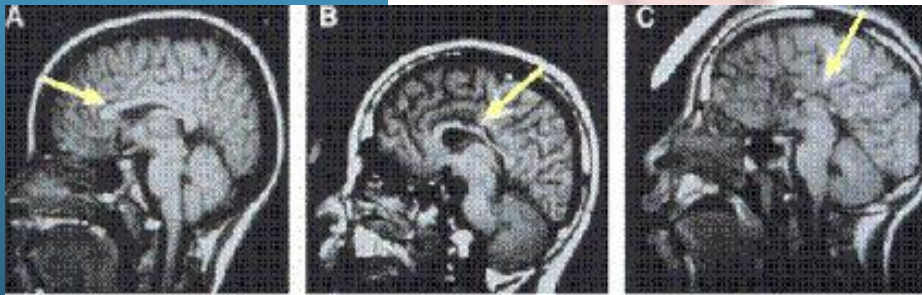
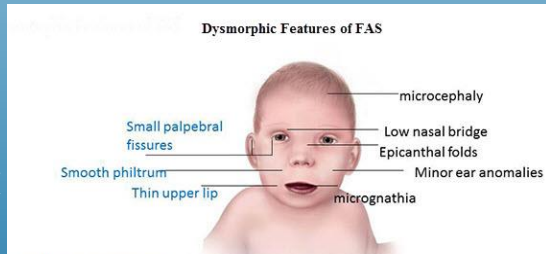


Brown et al., 2011; Streissguth et al; Edwards & Greenspan; Brown et al., 2010; Popova et al; Astley, 2010; Spencer et al.

NOFAS DIAGNOSTIC CRITERIA

FAS:

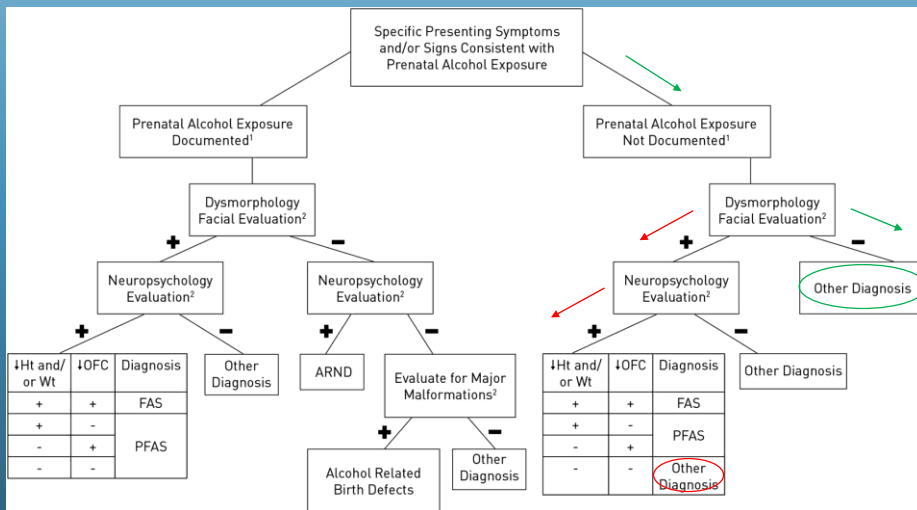
- 1) Growth problems
 - 2) Facial dysmorphism
 - 3) CNS abnormality
- Documented prenatal ETOH exposure is not necessary.



NOFAS; Center for Disease Control and Prevention; Thomas et al.; AAP; Marco et al.

AMERICAN ACADEMY OF PEDIATRICS

■ True Path ■ Alternative Path



AAP; Hoyme et al.

REASON FOR REFERRAL

- Rule out Fetal Alcohol Syndrome (FAS) due to:
 - Mood dysregulation;
 - Legal history (ongoing);
 - Authority issues;
 - Impulsivity and inattention;
 - Behavioral concerns (aggression, HI, sexual behaviors, rule-breaking).

NOTE: This is a neuropsychological referral for diagnostic/prognostic clarity, not a forensic evaluation pertaining to risk of recidivism or any other legal question.

DEMOGRAPHICS/HISTORY

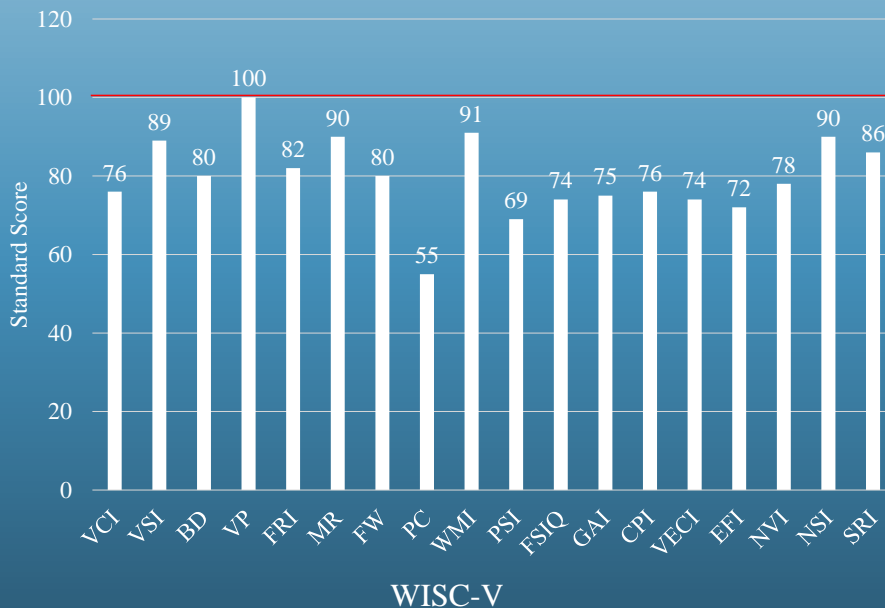
- 14-year-old Caucasian, heterosexual male;
 - Right-hand-dominant;
 - Adopted at \approx 13 months;
 - 8th grade (detention center schooling) w/ smooth grade transitions;
 - Low-middle SES (bio mother low SES).
-
- Medical history
 - Preterm birth (29 weeks), asthma, otitis media, ADHD, Bipolar I Disorder, ODD, depression, insomnia
 - Average height/weight for chronological age
 - Denied hx seizures, known head trauma
 - No evidence of facial dysmorphia, microcephaly, + MRI findings, or past neuropsychological evaluation
 - Bio M with history of polysubstance use (excluding ETOH)
 - Bio M “threw” Pt into wall, per AM’s report

HISTORICAL DATA (CONT.)

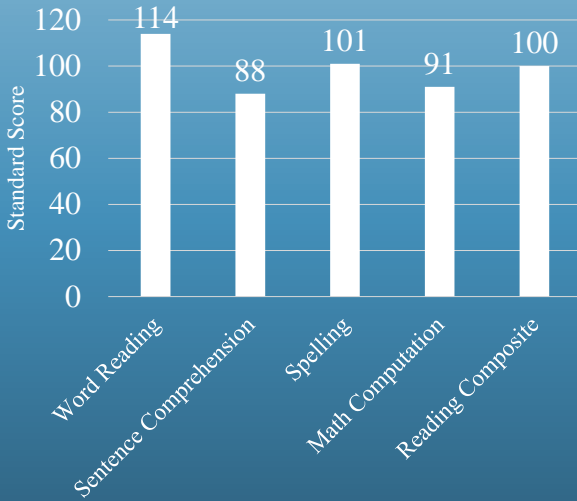
- Current medications
 - Aripiprazole 7.5mg bid
 - Divalproex 125mg tid
 - Reported inconsistent use
- **Infant:** frequently ill with respiratory issues
- AM reported walking at 11mo with regression at 13mo until 16mo
- **Toddler:** limited emotion
- **Child:** hyperactive, angry, aggressive with others
- **Adolescent:** angry, aggressive, authority issues, social with those who “don’t get on [his] nerves,” inhalant use 2-3 times
- Reported average academic performance
- Expressed HI toward 12yo brother (protective order filed by AM)

| EFFORT/PERFORMANCE VALIDITY MEASURES | | | | |
|--------------------------------------|-----------|-----------------|-----------------|------------|
| Key Word Test | | Key 15-Item | Trails A & B | |
| 6 | 10 | 13 | 27s | 74s |
| ADEQUATE | | ADEQUATE | ADEQUATE | |

INTELLECTUAL FUNCTIONING



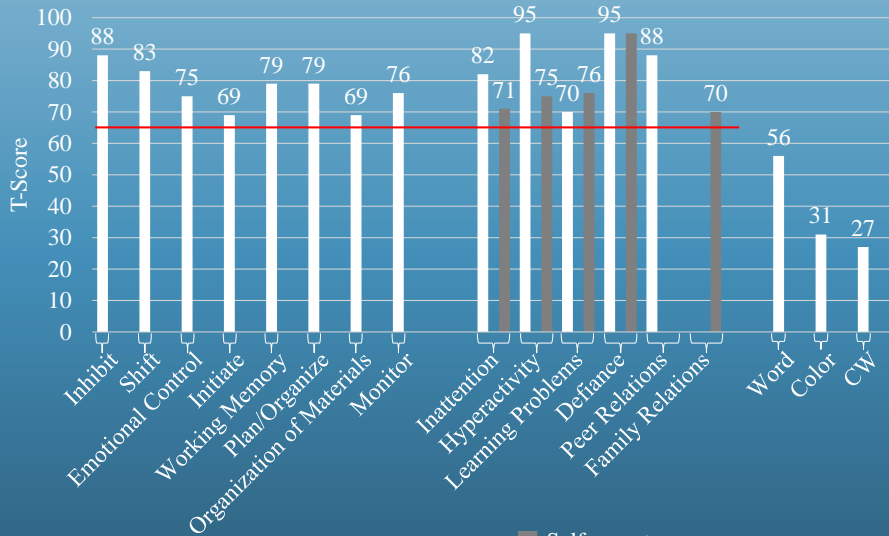
ACADEMIC ACHIEVEMENT



| Domain | Grade Equivalent |
|------------------------|------------------|
| Word Reading | 11.4 |
| Sentence Comprehension | 6.0 |
| Spelling | 8.6 |
| Math Computation | 5.9 |

WRAT-4

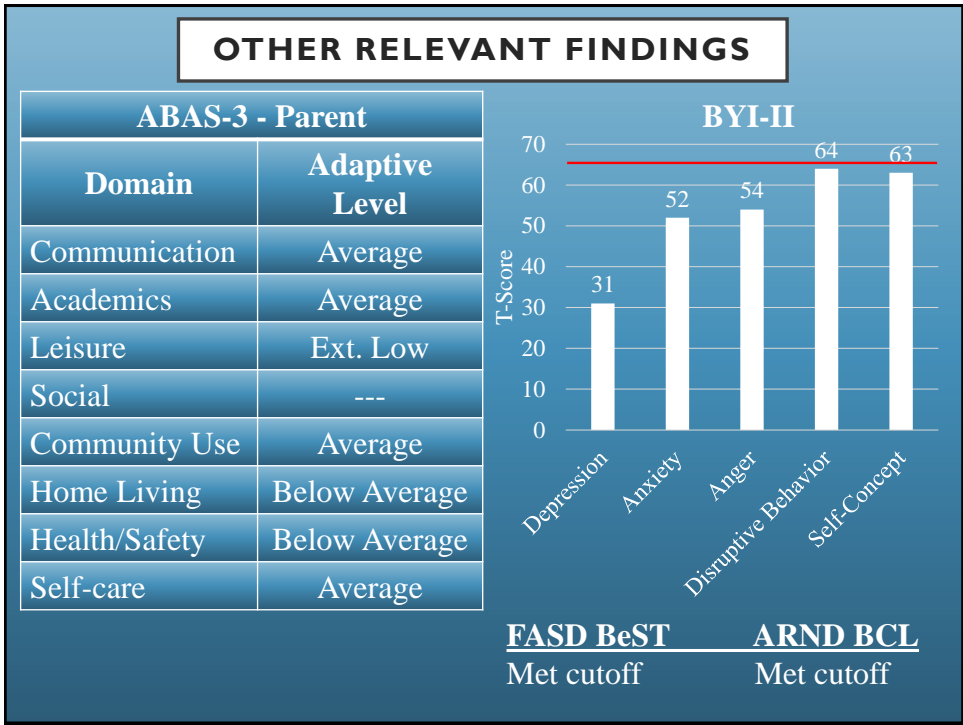
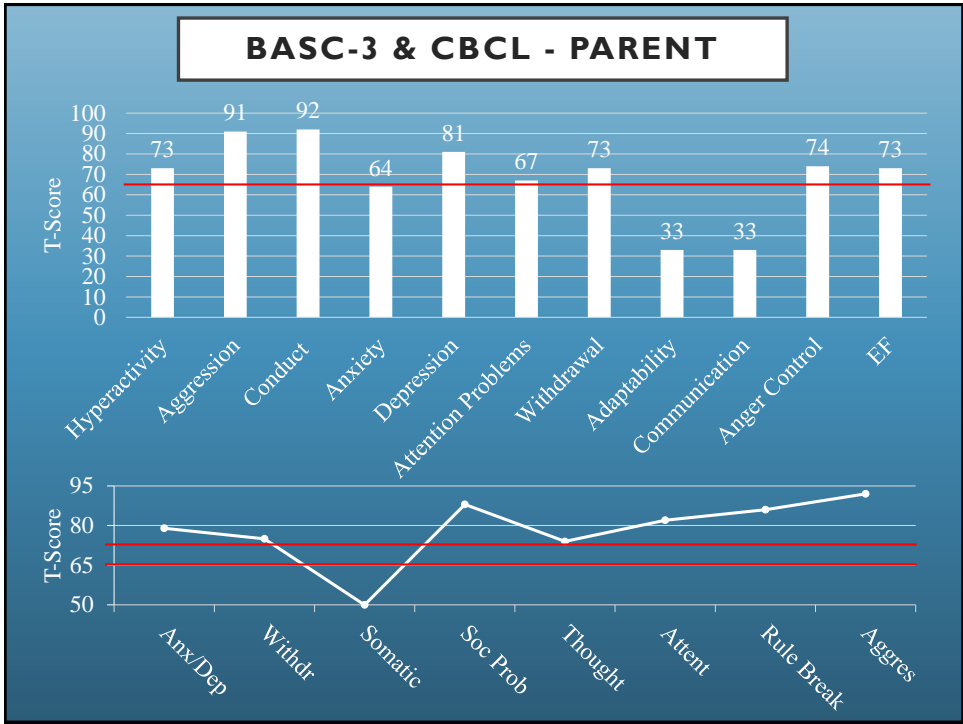
EXECUTIVE FUNCTIONING



BRIEF – Parent Form

Self-report
Conners 3

Stroop



IMPRESSIONS & CONCLUSIONS

- F90.2 - Attention-Deficit/Hyperactivity Disorder, Combined Presentation, Moderate
- F88 - Other Specified Neurodevelopmental Disorder
 - *Characterized by:* Borderline IQ, EF deficits, developmental delay/regression, learning difficulties, possible exposure to prenatal toxins, possible early head trauma

R/O Major Depressive Disorder

R/O Posttraumatic Stress Disorder

- 1) More finely-tuned measures/profiles necessary
- 2) Determine need for documentation and facial features
- 3) Continue developing new treatments for disruptive bx in FASD

Mattson et al; Hoyme et al.; Ware et al; Coles et al.

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Neuropsychological functioning following methotrexate neurotoxicity stroke in an 11-year-old female with acute lymphoblastic leukemia (ALL)

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Roosevelt University¹, DePaul University², and
The University of Chicago Medicine³

Demographic Information

- 11-years-old
- Caucasian
- Female
- Middle SES

Reason for Referral

- Chronic headaches, acute widespread pain, blurry vision, and difficulties concentrating
- Decline in academic performance
- Social, emotional, and behavioral problems
- Completed comprehensive battery

Medical History

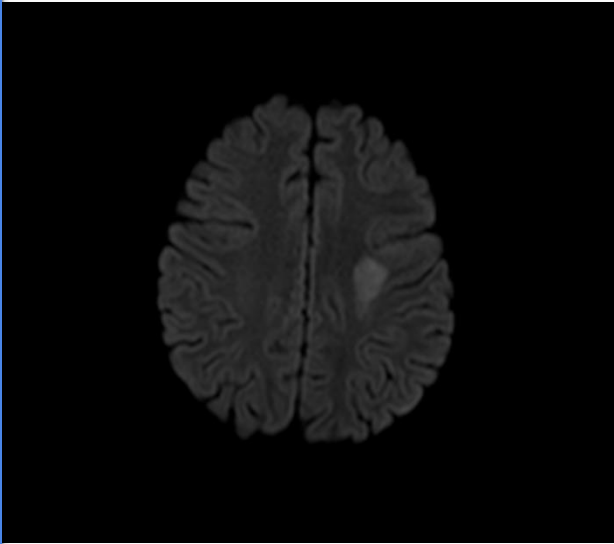
- January 2015: Acute lymphoblastic leukemia (ALL)
- July 2015: Left methotrexate (MTX) neurotoxicity stroke
- In remission since April 2017

Psychosocial History

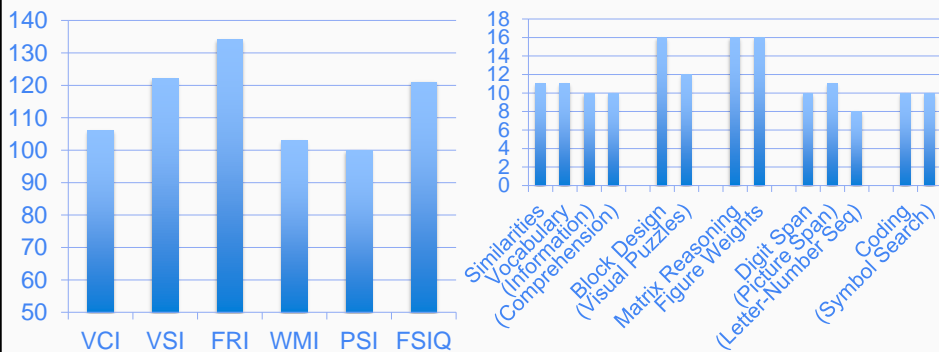
- Strong student
- Typical, age-appropriate friendships
- Older adopted brother with autism spectrum disorder (ASD) and fetal alcohol syndrome (FAS)

Imaging

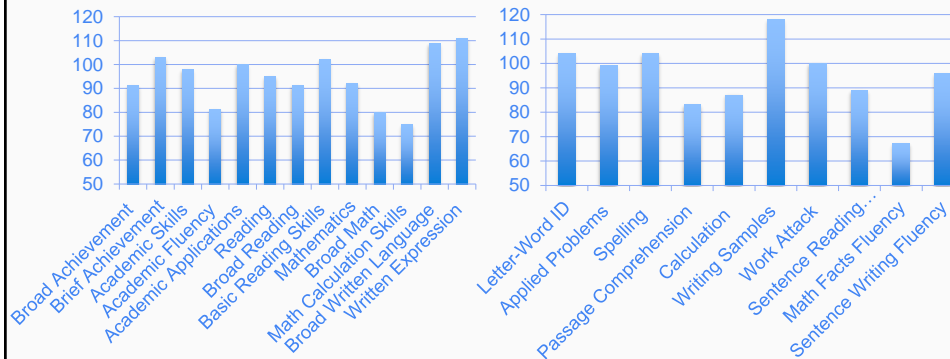
MRI
August 2015



Wechsler Intelligence Scale for Children, Fifth Edition



Woodcock-Johnson, Fourth Edition



Attention & Executive Functioning (EF)

- Low average performance on Auditory Attention of the NEPSY-II
- Overall average performance on other measures of attention and EF on the NEPSY-II and DKEFS; however, lower than would be expected given her cognitive abilities
- Immature and less efficient encoding strategies on the CVLT-C (serial clustering)
- Endorsed clinically significant concerns on the BRIEF-2 (self-report) with respect to her working memory and ability to shift between tasks

Motor and Visual-Spatial Functioning

- Overall average motor performance across tasks
- Stronger performance with her left, non-dominant hand on Grooved Pegboard and Fingertip Tapping on the NEPSY-II
- Average to superior visual-spatial performance, in contrast to reported vision difficulties

Social and Emotional Results

- Self and parent reported symptoms of anxiety, including panic, separation anxiety, generalized anxiety, and physical problems
- Self reported sense of inadequacy; parent report of symptoms of somatization and depression
- During the clinical interview, the patient's mother endorsed defiance and dishonesty

Impressions

- Superior intellectual abilities, with relative personal weaknesses in verbal comprehension and working memory
- Average academic skills, with low average to borderline impaired academic fluency
- Generally average objective attention and executive functioning, with immature learning strategies and subjective impairment in daily EF
- Average motor skills; slight non-dominant advantage
- Significant symptoms of anxiety leading to impairment across home, social, and academic environments

Thank you!

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Roosevelt University

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DePaul University

Megan Scott, Ph.D.
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Pediatric Grand Rounds: Case Study Cockayne Syndrome, Type III in 15-year-old female

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Cockayne Syndrome

- Prevalence is approximately 2.5 per million
- Neill-Dingwall Syndrome
- Autosomal recessive disease caused by mutations in either the ERCC6 gene (*CSB*) or the ERCC8 gene (*CSA*)
 - Type 1, “classic” or “moderate”, diagnosed during early childhood
 - Type 2, “severe” or “early-onset”, presenting with growth and developmental abnormalities at birth
 - Type 3, a milder form of the disorder



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Cockayne Syndrome

- Failure to thrive
- Cachectic dwarfism
- Photosensitivity (pigmentary retinopathy, cataracts)
- Sensorineural deafness and tooth decay
- Progeria
- Hypomyelination, calcifications and brain atrophy (supratentorial white matter, cerebellum, corpus callosum and brain stem)
- Neurocognitive deficits (memory, language, executive function dysfunction, social cognition, learning delays, visual-motor)



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Case History

- Right-handed 15 year old female (DOB: 4/2018)
- Evaluation: 3/15/2018
- Referred by Neurology
 - Poor academic progress, loss of skills, short term memory problems, social skills, labile mood, anxiety, difficulty differentiating fantasy from reality, tremors, fatigue, hand and wrist pain



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Case History

- Delivered FT, 7lbs 5oz
- Developmental delays
- Brain MRI
 - demyelination pattern with abnormalities in cerebellar white matter extending from the periventricular zones to subcortical white matter
- Multiple therapies: OT, PT, Speech, psychotherapy
- 9th grade public school with IEP
- Lives with mother, step-father, and 2 siblings
- Fairly independent, mother considering quitting job
- Strained relationship with biological father
- 2010 neuropsychological evaluation, diagnosed with ADHD



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Neuropsychological Results: Effort, Orientation, Attention

| Task | Raw Scores | Descriptors |
|-----------------|-------------------------|--|
| WMS-III | 14/14 | Name, when/where born, president, day of the month, name of the place you are right now, what time is it |
| Reliable Digits | 6 | (passing ≤ 6) 3 forward, 3 backward with one round consistent and two rounds inconsistent |
| TOMM | 48/50 50/50 50/50 | |

CPT-III:

- 90%ile or higher
- Detectability
- Commissions
- Perseverations
- Hit rate
- Variability



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Neuropsychological Results: Intellectual Functioning

| Wechsler Intelligence Scale, Children-5 th Ed. | | Subtest | Scaled Score |
|---|----------------|------------------|--------------|
| Index | Standard Score | | |
| Verbal Comprehension | 86 | Similarities | 8 |
| Visual-Spatial Reasoning | 84 | Vocabulary | 7 |
| Fluid Reasoning | 85 | Block Design | 6 |
| Working Memory | 65 | Visual Puzzles | 8 |
| Processing Speed | 60 | Matrix Reasoning | 11 |
| GAI | 81 | Figure Weights | 4 |
| | | Digit Span | 3 |
| | | Picture Span | 4 |
| | | Coding | 1 |
| | | Symbol Search | 5 |



Neuropsychological Results: Language

Developmental Neuropsychological Assessment, Second Edition (NEPSY-II)

| Measure | Z-Score |
|-------------------------------|---------|
| Comprehension of Instructions | -4.9 |



Neuropsychological Results: Memory

California Verbal Learning Test, Children's Ed. (CVLT-C)

| Domain | Z-Score |
|----------------------------|---------|
| List A Total Trials 1-5 | -1.2 |
| List A-Trial 1 Free Recall | -0.5 |
| List A-Trial 5 Free Recall | -1.5 |
| List B-Free Recall | -2.0 |

CVLT-C Cont'd

| Domain | Z-Score |
|--------------------------------|---------|
| List A Short-Delay Free Recall | -1.5 |
| List A Short-Delay Cued Recall | -1.5 |
| List A Long-Delay Free Recall | -1.5 |
| List A Long-Delay Cued Recall | -1.0 |
| Recognition Hits | +0.5 |
| Total Recall | 0.0 |
| Discriminability | |



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Neuropsychological Results: Memory

Wide Range Assessment of Memory and Learning, Second Edition (WRAML-II)

| Measure | Z-Score |
|------------------------|---------|
| <u>Sentence Memory</u> | |
| Immediate Recall | -1.67 |
| <u>Picture Memory</u> | |
| Recall | -1.33 |
| Recognition | -1 |
| <u>Story Memory</u> | |
| Immediate Recall | -1 |
| Delay Recall | -1.33 |
| Recognition | -0.33 |



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Neuropsychological Results: Executive Function

Delis-Kaplan Executive Function System (DKEFS) - Verbal Fluency Test

| Measure | Z-score |
|--------------------|---------|
| Letter Fluency | -0.66 |
| Category Fluency | 4 |
| Category Switching | 3 |
| Total Correct | |
| Category Switching | 5 |
| Total Switching | |
| Accuracy | |

DKEFS Cont'd

| Measure | Z-score |
|-------------------|---------|
| Set-Loss Errors | 13 |
| Repetition Errors | 10 |
| Letter Fluency | 8 |
| Category Fluency | 4 |
| Category | 3 |
| Switching Total | |
| Correct | |
| Set-Loss Errors | 13 |
| Repetition Errors | 10 |



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Neuropsychological Results: Executive Function

Delis-Kaplan Executive Function System (DKEFS) – Color-Word Interference

| Measure | Z-Score |
|----------------------|---------|
| Color Naming | -1.33 |
| Word Reading | -1.67 |
| Inhibition | -3 |
| Inhibition/Switching | -1.67 |

Delis-Kaplan Executive Function System (DKEFS) – Sorting Test

| Measure | Z-Score |
|--------------------------|---------|
| Confirmed Correct Sorts | -1 |
| Free Sorting Description | -1.33 |
| Sort Recognition | -3 |



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Neuropsychological Results: Motor/Visual Motor Integration

Finger Oscillation Test

| Test | Z Score |
|------------------|---------|
| Dominant (R) | -3.31 |
| Non-Dominant (L) | -2.43 |

Grip Strength

| Test | Z Score |
|------------------|---------|
| Dominant (R) | -3.32 |
| Non-Dominant (L) | -3.04 |

Grooved Pegboard

| Test | Raw Score | Drops | Pegs | Z-Score |
|------------------|-----------|-------|------|---------|
| Dominant (R) | 213 | 4 | 25 | -14.12 |
| Non-Dominant (L) | D/C | D/C | D/C | D/C |





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Neuropsychological Results: Motor/Visual-Motor Integration

| Symbol Digit Modalities Test (SDMT) | | | | Benton Judgment of Line Orientation | | |
|-------------------------------------|-----|--------|---------|-------------------------------------|---------|---------|
| Measure | Raw | Errors | Z-Score | Measure | Z-Score | Measure |
| Oral | 35 | 1 | -1.64 | Form H | -1.52 | Form H |

Beery-Buktenica Test of Visual Motor-Integration (Beery VMI) Sixth Edition

| Measure | Raw Score | Z-Score |
|-------------------|-----------|---------|
| Visual Perception | 26 | -0.47 |





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Neuropsychological Results: Academics

Wechsler Individual Achievement Test-3rd Edition

| Subtest Cluster | Z-Score |
|----------------------|---------|
| Word Reading | 0.87 |
| Numerical Operations | -0.2 |
| Spelling | 0.27 |

Neuropsychological Results: Social Emotional

- Parent: Elevations anxiety, depression, somatic complaints, social problems, attention, executive dysfunction, low average adaptives
- Teacher: concerns with anxiety attention, executive dysfunction
- Self: Elevations with anxiety

*CBCL, BRIEF, Vanderbilt, SCARED, CDI-2, ABAS-3



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Summary

- Deficits related to executive dysfunction, attention, visual-motor integration, and receptive language
- Improvement noted when motor components were removed and verbal and visual reasoning abilities were low average
- Slow pace of learning not forgetful
- Academic performance surpassed estimated psychometric intelligence
- Diagnoses: Major Neurocognitive Disorder and GAD
- Recommendations: IEP with 18-21 year old programming, OT/PT/Speech, psychotherapy and wrap around services



38TH ANNUAL CONFERENCE
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BECOMING
AGENTS OF
CHANGE

SHERATON NEW ORLEANS HOTEL | NEW ORLEANS, LA

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