

38TH ANNUAL CONFERENCE
OCTOBER 17-20, 2018
SHERATON NEW ORLEANS HOTEL | NEW ORLEANS, LA

BECOMING AGENTS OF CHANGE

Pediatric Grand Rounds

Chair & Moderator
Philip Fastenau, PhD
University Hospitals Cleveland Med Ctr & Case Western Reserve Univ.

Discussants
Allyson G. Harrison, Ph.D., C. Psych., Queen's University
Karen Postal, Ph.D., Harvard Medical School & Lifespan Private Practice
Scott Hunter, Ph.D., University of Chicago Medicine

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Financial Disclosure

All presenters reported that they have no financial relationships to disclose.

National Academy of Neuropsychology, 2018

FETAL ALCOHOL SYNDROME IN THE CONTEXT OF MULTIPLE ETIOLOGICAL FACTORS

Presentation by Jack C. Lennon, MA
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Contributing Authors:
Bradford Czochara, PsyD, LPC, CGP
John Tirado, PhD, ABPP

OBJECTIVES

- Fetal Alcohol Spectrum Disorders
 - Background
 - Diagnostic Protocols/Limitations
- Case
 - Referral
 - Demographics & History
 - Test Results
 - Diagnostic Impressions
 - Return to Protocols/Limitations

FASD BACKGROUND

- Difficult to diagnose accurately – estimates more common
- 800-8,000 children born each year with FASD in US
- FAS involved in 0.2-5.44 out of 1,000 live births in US
 - Global: up to 39.65/1,000 live births
- 7.3% child-bearing-age women at risk for ETOH+ pregnancy
- Prenatal ETOH exposure in 1% of live births
- Expected Neuropsychological Sequelae
 - Global delays
 - Pragmatic language
 - Emotional self-regulation
 - Attention
 - EF – problem-solving, planning, inhibition
 - Overlap with ADHD and other disorders

AAP: CDC; Bard, Glass, et al.; Greenbaum et al.; Peadar & Elliott; Roozen et al.

FASD BACKGROUND (CONT.)

HISTORY OF SECONDARY DISABILITIES Among Clients ≥12 Years Old By Diagnosis

Child Behavior Check List 6/18: Syndrome Scales

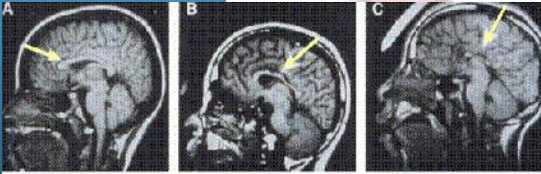
Brown et al., 2011; Streissguth et al.; Edwards & Greenspan; Brown et al., 2010; Popova et al.; Astley, 2010; Spencer et al.

NOFAS DIAGNOSTIC CRITERIA

FAS:

- 1) Growth problems
- 2) Facial dysmorphism
- 3) CNS abnormality

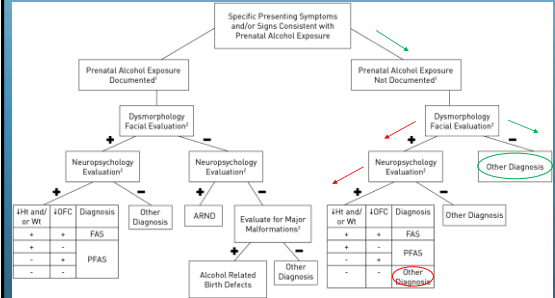
Documented prenatal ETOH exposure is not necessary.



NOFAS, Center for Disease Control and Prevention; Thomas et al.; AAP; Marco et al.

AMERICAN ACADEMY OF PEDIATRICS

True Path (green) Alternative Path (red)



AAP; Hoyme et al.

REASON FOR REFERRAL

- Rule out Fetal Alcohol Syndrome (FAS) due to:
 - Mood dysregulation;
 - Legal history (ongoing);
 - Authority issues;
 - Impulsivity and inattention;
 - Behavioral concerns (aggression, HI, sexual behaviors, rule-breaking).

NOTE: This is a neuropsychological referral for diagnostic/prognostic clarity, not a forensic evaluation pertaining to risk of recidivism or any other legal question.

DEMOGRAPHICS/HISTORY

- 14-year-old Caucasian, heterosexual male;
 - Right-hand-dominant;
 - Adopted at \approx 13 months;
 - 8th grade (detention center schooling) w/ smooth grade transitions;
 - Low-middle SES (bio mother low SES).
-
- Medical history
 - Preterm birth (29 weeks), asthma, otitis media, ADHD, Bipolar I Disorder, ODD, depression, insomnia
 - Average height/weight for chronological age
 - Denied hx seizures, known head trauma
 - No evidence of facial dysmorphism, microcephaly, + MRI findings, or past neuropsychological evaluation
 - Bio M with history of polysubstance use (excluding ETOH)
 - Bio M "threw" Pt into wall, per AM's report

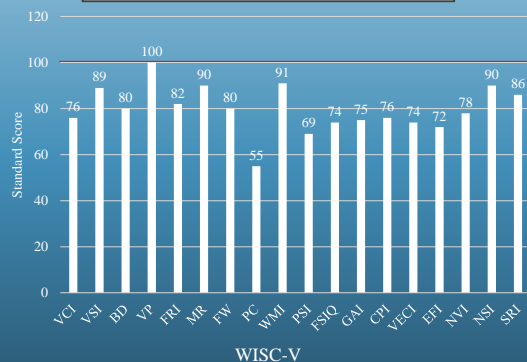
HISTORICAL DATA (CONT.)

- Current medications
 - Aripiprazole 7.5mg bid
 - Divalproex 125mg tid
 - Reported inconsistent use
- **Infant:** frequently ill with respiratory issues
- AM reported walking at 11mo with regression at 13mo until 16mo
- **Toddler:** limited emotion
- **Child:** hyperactive, angry, aggressive with others
- **Adolescent:** angry, aggressive, authority issues, social with those who "don't get on [his] nerves," inhalant use 2-3 times
- Reported average academic performance
- Expressed HI toward 12yo brother (protective order filed by AM)

EFFORT/PERFORMANCE VALIDITY MEASURES

Rev Word Test	Rev 15-Item	Trails A & B
6	10	13
27s	74s	
ADEQUATE	ADEQUATE	ADEQUATE

INTELLECTUAL FUNCTIONING



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Neuropsychological functioning following methotrexate neurotoxicity stroke in an 11-year-old female with acute lymphoblastic leukemia (ALL)

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Roosevelt University¹, DePaul University², and
The University of Chicago Medicine³

Demographic Information



- 11-years-old
- Caucasian
- Female
- Middle SES

Reason for Referral



- Chronic headaches, acute widespread pain, blurry vision, and difficulties concentrating
- Decline in academic performance
- Social, emotional, and behavioral problems
- Completed comprehensive battery

Medical History



- January 2015: Acute lymphoblastic leukemia (ALL)
- July 2015: Left methotrexate (MTX) neurotoxicity stroke
- In remission since April 2017

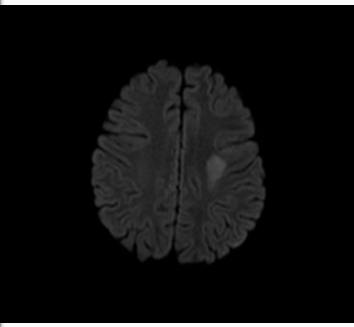
Psychosocial History



- Strong student
- Typical, age-appropriate friendships
- Older adopted brother with autism spectrum disorder (ASD) and fetal alcohol syndrome (FAS)

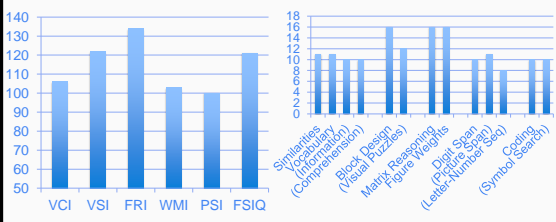
Imaging

MRI
August 2015



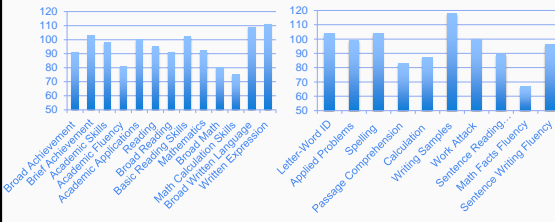
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Wechsler Intelligence Scale for Children, Fifth Edition



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Woodcock-Johnson, Fourth Edition



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Attention & Executive Functioning (EF)

- Low average performance on Auditory Attention of the NEPSY-II
- Immature and less efficient encoding strategies on the CVLT-C (serial clustering)
- Overall average performance on other measures of attention and EF on the NEPSY-II and DKEFS; however, lower than would be expected given her cognitive abilities
- Endorsed clinically significant concerns on the BRIEF-2 (self-report) with respect to her working memory and ability to shift between tasks

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Motor and Visual-Spatial Functioning

- Overall average motor performance across tasks
- Stronger performance with her left, non-dominant hand on Grooved Pegboard and Fingertip Tapping on the NEPSY-II
- Average to superior visual-spatial performance, in contrast to reported vision difficulties

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Social and Emotional Results

- Self and parent reported symptoms of anxiety, including panic, separation anxiety, generalized anxiety, and physical problems
- Self reported sense of inadequacy; parent report of symptoms of somatization and depression
- During the clinical interview, the patient's mother endorsed defiance and dishonesty

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Impressions

- Superior intellectual abilities, with relative personal weaknesses in verbal comprehension and working memory
- Average academic skills, with low average to borderline impaired academic fluency
- Generally average objective attention and executive functioning, with immature learning strategies and subjective impairment in daily EF
- Average motor skills; slight non-dominant advantage
- Significant symptoms of anxiety leading to impairment across home, social, and academic environments

Thank you!

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AT THE FOREFRONT OF **KIDS MEDICINE**

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Pediatric Grand Rounds: Case Study Cockayne Syndrome, Type III in 15-year-old female

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Cockayne Syndrome

- Prevalence is approximately 2.5 per million
- Neill-Dingwall Syndrome
- Autosomal recessive disease caused by mutations in either the *ERCC6* gene (*CSB*) or the *ERCC8* gene (*CSA*)
 - Type 1, "classic" or "moderate", diagnosed during early childhood
 - Type 2, "severe" or "early-onset", presenting with growth and developmental abnormalities at birth
 - Type 3, a milder form of the disorder



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Cockayne Syndrome

- Failure to thrive
- Cachectic dwarfism
- Photosensitivity (pigmentary retinopathy, cataracts)
- Sensorineural deafness and tooth decay
- Progeria
- Hypomyelination, calcifications and brain atrophy (supratentorial white matter, cerebellum, corpus callosum and brain stem)
- Neurocognitive deficits (memory, language, executive function dysfunction, social cognition, learning delays, visual-motor)

Case History

- Right-handed 15 year old female (DOB: 4/2018)
- Evaluation: 3/15/2018
- Referred by Neurology
 - Poor academic progress, loss of skills, short term memory problems, social skills, labile mood, anxiety, difficulty differentiating fantasy from reality, tremors, fatigue, hand and wrist pain

Case History

- Delivered FT, 7lbs 5oz
- Developmental delays
- Brain MRI
 - demyelination pattern with abnormalities in cerebellar white matter extending from the periventricular zones to subcortical white matter
- Multiple therapies: OT, PT, Speech, psychotherapy
- 9th grade public school with IEP
- Lives with mother, step-father, and 2 siblings
- Fairly independent, mother considering quitting job
- Strained relationship with biological father
- 2010 neuropsychological evaluation, diagnosed with ADHD

Neuropsychological Results: Effort, Orientation, Attention

Task	Raw Scores	Descriptors
WMS-III	14/14	Name, when/where born, president, day of the month, name of the place you are right now, what time is it
Reliable Digits	6	(passing ≤ 6) 3 forward, 3 backward with one round consistent and two rounds inconsistent
TOMM	48/50 50/50 50/50	

- CPT-III:
- 90thile or higher
 - Detectability
 - Commissions
 - Perseverations
 - Hit rate
 - Variability

Neuropsychological Results: Intellectual Functioning

Wechsler Intelligence Scale, Children-5 th Ed.		Subtest	Scaled Score
Index	Standard Score		
Verbal Comprehension	86	Similarities	8
Visual-Spatial Reasoning	84	Vocabulary	7
Fluid Reasoning	85	Block Design	6
Working Memory	65	Visual Puzzles	8
Processing Speed	60	Matrix Reasoning	11
GAI	81	Figure Weights	4
		Digit Span	3
		Picture Span	4
		Coding	1
		Symbol Search	5

Neuropsychological Results: Language

Developmental Neuropsychological Assessment, Second Edition (NEPSY-II)

Measure	Z-Score
Comprehension of Instructions	-4.9

Neuropsychological Results: Memory

California Verbal Learning Test, Children's Ed. (CVLT-C)

Domain	Z-Score
List A Total Trials 1-5	-1.2
List A-Trial 1 Free Recall	-0.5
List A-Trial 5 Free Recall	-1.5
List B-Free Recall	-2.0

CVLT-C Cont'd

Domain	Z-Score
List A Short-Delay Free Recall	-1.5
List A Short-Delay Cued Recall	-1.5
List A Long-Delay Free Recall	-1.5
List A Long-Delay Cued Recall	-1.0
Recognition Hits	+0.5
Total Recall	0.0
Discriminability	

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Neuropsychological Results: Memory

Wide Range Assessment of Memory and Learning, Second Edition (WRAML-II)

Measure	Z-Score
Sentence Memory	
Immediate Recall	-1.67
Picture Memory	
Recall	-1.33
Recognition	-1
Story Memory	
Immediate Recall	-1
Delay Recall	-1.33
Recognition	-0.33

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Neuropsychological Results: Executive Function

Delis-Kaplan Executive Function System (DKEFS) - Verbal Fluency Test

Measure	Z-score
Letter Fluency	-0.66
Category Fluency	4
Category Switching	3
Total Correct	
Category Switching	5
Total Switching	
Accuracy	

DKEFS Cont'd

Measure	Z-score
Set-Loss Errors	13
Repetition Errors	10
Letter Fluency	8
Category Fluency	4
Category	3
Switching Total Correct	
Set-Loss Errors	13
Repetition Errors	10

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Neuropsychological Results: Executive Function

Delis-Kaplan Executive Function System (DKEFS) – Color-Word Interference

Measure	Z-Score
Color Naming	-1.33
Word Reading	-1.67
Inhibition	-3
Inhibition/Switching	-1.67

Delis-Kaplan Executive Function System (DKEFS) – Sorting Test

Measure	Z-Score
Confirmed Correct Sorts	-1
Free Sorting Description	-1.33
Sort Recognition	-3

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Neuropsychological Results: Motor/Visual Motor Integration

Finger Oscillation Test

Test	Z Score
Dominant (R)	-3.31
Non-Dominant (L)	-2.43

Grip Strength

Test	Z Score
Dominant (R)	-3.32
Non-Dominant (L)	-3.04

Grooved Pegboard

Test	Raw Score	Drops	Pegs	Z-Score
Dominant (R)	213	4	25	-14.12
Non-Dominant (L)	D/C	D/C	D/C	D/C

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Neuropsychological Results: Motor/Visual-Motor Integration

Symbol Digit Modalities Test (SDMT)

Measure	Raw	Errors	Z-Score
Oral	35	1	-1.64

Benton Judgment of Line Orientation

Measure	Z-Score	Measure	Z-Score
Form H	-1.52	Form H	

Beery-Buktenica Test of Visual Motor-Integration (Beery VMI) Sixth Edition

Measure	Raw Score	Z-Score
Visual Perception	26	-0.47

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Neuropsychological Results: Academics

Wechsler Individual Achievement Test-3rd Edition

Subtest Cluster	Z-Score
Word Reading	0.87
Numerical Operations	-0.2
Spelling	0.27

Neuropsychological Results: Social Emotional

- Parent: Elevations anxiety, depression, somatic complaints, social problems, attention, executive dysfunction, low average adaptives
- Teacher: concerns with anxiety attention, executive dysfunction
- Self: Elevations with anxiety

*CBCL, BRIEF, Vanderbilt, SCARED, CDI-2, ABAS-3



Summary

- Deficits related to executive dysfunction, attention, visual-motor integration, and receptive language
- Improvement noted when motor components were removed and verbal and visual reasoning abilities were low average
- Slow pace of learning not forgetful
- Academic performance surpassed estimated psychometric intelligence
- Diagnoses: Major Neurocognitive Disorder and GAD
- Recommendations: IEP with 18-21 year old programming, OT/PT/Speech, psychotherapy and wrap around services



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