











2019 Community Health Worker Conference









You are EPIC--Equitable, Passionate, Invested, & Collaborative
Wenatchee Convention Center

| THURSDAY, APRIL 11TH | | | | | | | | |
|--------------------------|---|--|---|--|---|---|---|--|
| 7:00-7:50 | Registration, Main Lobby | | | | | | | |
| 7:00-7:30 | Exhibiting, Orchard Exhibit Hall South and 1st Floor | | | | | | | |
| 7:00-7:50 | Breakfast-- Table Talk Discussion, Grand Apple Ballroom | | | | | | | |
| 7:50-8:00 | Opening Prayer, Grand Apple Ballroom | | | | | | | |
| 8:00-9:00 | Welcome and Introductions, Marissa Floyd, Grand Apple Ballroom | | | | | | | |
| 9:00-10:00 | When the Hurricane Comes in a Pill: How Community Health Workers can Address the Opioid Epidemic, Mary Catlin, Grand Apple Ballroom | | | | | | | |
| Track: | Emerging Issues  | Healthy Lifestyle  | Community Partnerships  | Health Equity  | Training  | Training  | Wellness  | Awareness  |
| 10:10-11:10 Session 1 | Substance Abuse in African American Communities <i>Janelle Okorogu</i> | Buddhist-Inspired Approach to Addiction Recovery <i>Charnay DuCrest</i> | Chat with Promotores <i>Panel Discussion</i> | What is Advocacy? <i>Chris Paredes</i> | Flu Vaccine <i>Barry Iverson, John Merrill-Steskal</i> | Blood Pressure Self-Measurement Support <i>Sara Eve Sarliker</i> | Yoga and Meditation for Health <i>Alyssa Auvinen</i> | Share Your CHW Story |
| 11:10-11:30 | Break | | | | | | Guided Walk | |
| 11:30-12:30 Session 2 | High THC Marijuana <i>Karla Banda</i> | Transforming Anger <i>Nina Helfrey</i> | Cancer Prevention CHW <i>Panel Discussion</i> | Older Adults with HIV <i>Chris Wukasch, George Fine</i> | Health, Economic, and Social Justice for All Families <i>Josue Guadarrama</i> | Women of Color are Beautiful and EPIC! <i>Michelle Osborne, Me'Kyel Bailey</i> | Share Your CHW Story | |
| 12:40-1:40 | Lunch-- Washington State CHW Association, Grand Apple Ballroom | | | | | | | |
| 1:50-2:50 Session 3 | Team Approaches to Reducing Health Disparities <i>Public Health Seattle King County Panel</i> | Wisdom Warriors <i>Becky Bendixen</i> | Suicide Prevention <i>Reese Holford, Brett Bass</i> | Social Justice and Policy Advocates for Women <i>Sandra Huber, Jody Early</i> | CHWs in WA State <i>Debbie Spink</i> | Impact of Diabetes in WA State <i>Alexandro Pow Sang</i> | Quiet Room Available | Share Your CHW Story |
| 3:00-4:00 Session 4 | Vapor Products in WA State <i>Angela Boyer, Stacia Wasmundt</i> | Exercise and Addiction <i>Lisa Stuebing</i> | Impact of CHWs <i>Panel Discussion</i> | Guided Walk | | | Zumba <i>Melissa Blanco Bless</i> | |
| 4:10-4:30 | Wrap-Up, Katie Eilers, Grand Apple Ballroom | | | | | | | |



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| FRIDAY, APRIL 12TH | | | | | | | | |
|--------------------------|--|---|---|--|---|---|---|--|
| 7:00-8:00 | Registration, Main Lobby | | | | | | | |
| 7:00-7:30 | Exhibiting, Orchard Exhibit Hall South and 1st Floor | | | | | | | |
| 7:30-8:00 | Breakfast-- Welcome, Cheryl Farmer, Grand Apple Ballroom | | | | | | | |
| 8:00-8:30 | Vaccine Hesitancy: What You Need to Know, Lacy Fehrenbach, Grand Apple Ballroom | | | | | | | |
| 8:30-9:30 | Community Health Worker Success Stories, Patria Alguila, Grand Apple Ballroom | | | | | | | |
| Track: | Emerging Issues  | Healthy Lifestyle  | Community Partnerships  | Health Equity  | Training  | Quiet Room  | Wellness  | Awareness  |
| 9:40-10:40 Session 5 | Quiet Room Available | Doulas Latinas for Diabetes Prevention <i>Sandra Helena Hernandez</i> <i>*Presented in Spanish*</i> | Cultural Wisdom and Visioning 7 Generations <i>Jan Olmstead, Cindy Gamble</i> | Disparities in Tobacco <i>Samroz Jakvani, Ubah Warsame-Aden</i> | Inspire Change <i>Kim Kreber, Ghazal Meratnia</i> | Quiet Room Available | Guided Walk <i>Cheryl Farmer</i> | Share Your CHW Story |
| 10:50-11:50 Session 6 | Enhancing the Role of a CHW <i>Reyneth Reyes Morales, Ashley Martinez</i> | Become a Tobacco Cessation Champion <i>Nick Fradkin, Shannon Beasley-Bailey</i> | Foundational Community Supports in WA <i>Chelsea Coblentz</i> | Tailoring Evidence-Based Programming <i>Rahel Schwartz, Sally Sundar</i> | | | EPIC Pregnancy Resources <i>Tananda Richardson, Mandy Herreid</i> | |
| 12:00-1:00 | Lunch-- Continued Table Talk Discussion, Grand Apple Ballroom Guided Walk at 12:30 | | | | | | | |
| 1:10-2:10 Session 7 | Youth Substance Abuse <i>Jared Papa</i> | Pathways to Wellness <i>YMCA Spokane & CHAS Health Panel Discussion</i> | How to Build a Successful Coalition of CHWs <i>Panel Discussion</i> | CHWs: Social Justice and Policy Advocates <i>Ophelia Noble, Sarah Chivers</i> | Be the Way to Justice <i>Crystal Brand</i> | Quiet Room Available | Put a Little Play in Your Day <i>Debbie Spink</i> | Share Your CHW Story |
| 2:20-2:30 | Wrap-Up, Scott Carlson, Grand Apple Ballroom | | | | | | | |

Updated 4/8/2019